



BREAKFAST

FEBRUARY 2023

RIVERSIDE MEADOWS

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
nutrition@lpsd.org

Monday

Tuesday

Wednesday

Thursday

Friday

Bagel Mini Strawberry Creamy Cheese Filled
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Waffles
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Cinnis
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Assorted Muffins
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Apple Frudel
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Pancake Wrap
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

Parfait and Graham
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Breakfast Pizza
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

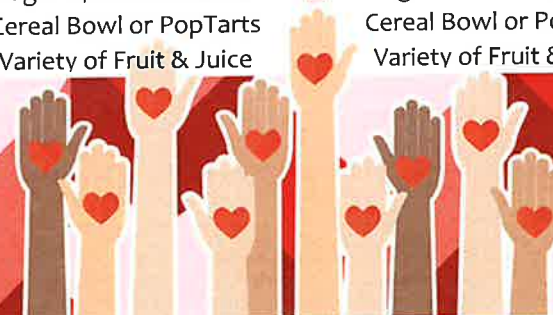
French Toast
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Bagel Pizza
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

Mini Pancakes
Benefit Bar
Ultimate Breakfast Bar
Bagel w/ Cream Cheese
Cereal Bowl or PopTarts
Variety of Fruit & Juice

**All meals are served with
the choice of 1% white
milk or
nonfat chocolate milk.**



Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USD is an equal opportunity provider, employer, and lender.

Monday

Tuesday

Wednesday

Thursday

Friday

6
Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

7
Beef Taco Stick or Bean & Cheese
Burrito or Chef Salad
Refried Beans
Salsa – Sour Cream
Seasoned Jicama - Salad - Carrots
Variety of Fresh Fruit
Tortilla Chips

1
Chicken Tamale or Bean & Cheese
Pupusa or Chef Salad
Elote Corn – Salsa – Sour Cream
Seasoned Jicama - Salad - Carrots
Variety of Fresh Fruit
Tortilla Chips

2
Orange Chicken Bowl or
Black Bean Rice Bowl
or Chef Salad
Stir Fry Veggies
Cauliflower – Salad - Carrots
Variety of Fresh Fruit

3
Cheeseburger or
Sunbutter & Jelly Sandwich
or Chef Salad
Baked Beans
Baby Carrots – Salad
Variety of Fresh Fruit
Chips

8
Pizza Pocket
or Tostada Bowl
or Chef Salad
Green Beans
Broccoli – Salad - Carrots
Variety of Fresh Fruit
Fruit Roll Up

9
Heart Nuggets or
You're the Mac in my Cheese w/
Roll or Chef Salad
Peas of my Heart
Cauli-Flowers – Salad - Carrots
Variety of Fresh Fruit
Valentine Cookie

10
Rib-A-Que or
Soft Pretzel w/ Cheese
or Chef Salad
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Ice Cream Cup

13
NO SCHOOL

14
NO SCHOOL

15
NO SCHOOL

16
NO SCHOOL

17
NO SCHOOL

20
NO SCHOOL

21
Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

22
Chicken Taquitos or
Twice Grilled Cheese Quesadilla
or Chef Salad
Black Beans
Broccoli – Salad - Carrots
Variety of Fresh Fruit
Goldfish Crackers

23
Chicken Nachos
or Bean & Cheese Nachos
Steamed Corn
Cucumber Sticks – Salad - Carrots
Variety of Fresh Fruit
Chips

24
Corn Dog or
Pull Apart w/ Marinara
or Chef Salad
Tater Tots
Baby Carrots – Salad
Variety of Fresh Fruit
Ice Cream Cup

27
Domino's Smart Slice Cheese
or Pepperoni Pizza
Caesar Salad – Baby Carrots
Variety of Fresh Fruit
Chocolate Chip Cookie

28
Chicken Double Dogs or
Grilled Cheese or Chef Salad
Green Beans
Cauliflower - Salad - Carrots
Variety of Fresh Fruit
Fruit Roll Up

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the choice of
1% white milk or
nonfat chocolate milk.**



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